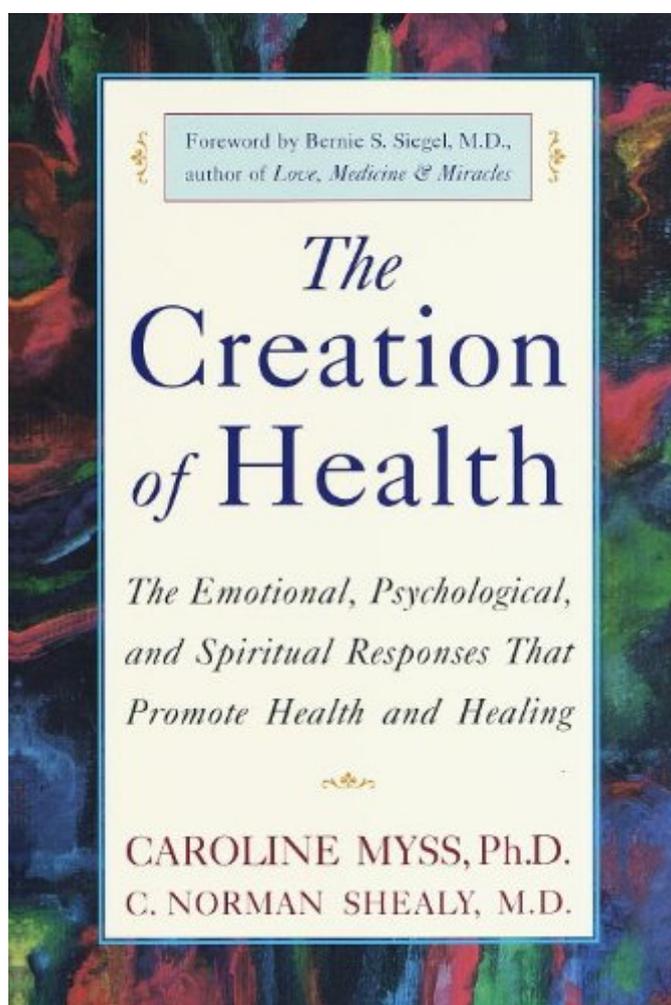


The book was found

The Creation Of Health: The Emotional, Psychological, And Spiritual Responses That Promote Health And Healing: Three Rivers Press Edition



Synopsis

A collaboration between a traditionally trained physician and a medical intuitive, *The Creation of Health* illuminates the deep connection between emotional dysfunction and physical illness. It describes the role that emotional disturbances play in the most common diseases and ailments from the common cold to arthritis, diabetes, heart disease, and cancer. After providing an introduction to intuitive medicine and its history, method of diagnosis, and relationship to traditional medicine, Myss and Shealy detail the deeper emotional and psychic reasons why illness develops in the body. Dr. Shealy offers a traditional account of a particular disease or ailment, while Dr. Myss sheds light on the deeper causes through her corresponding energy analysis. Confirming the link between illness and emotion, *The Creation of Health* puts forth a groundbreaking vision of holistic healing. From the Trade Paperback edition.

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Customer Reviews

We've been hearing about the body/mind/spirit connection for quite awhile now, but it took Caroline

Myss to bring it on home. Written with Dr. Norman Shealy, Ms. Myss fleshes out the popular theory that 'we create our own reality'. The Creation of Health: The Emotional, Psychological, and Spiritual Responses that Promote Health and Healing documents the collaboration between Norman Shealy, MD, and Caroline Myss, a medical intuit. Myss diagnosed Shealy's patients long distance via telephone. With only the patient's name, age and permission, Myss could read their body's medical and energetic history. The Creation of Health explores dozens of cases which strongly indicates that, indeed, "our biography is our biology". Jane, for instance, suffered from rheumatoid arthritis. Her husband of twenty-eight years had been unfaithful from the start. Though she found out when her third child was a toddler, she decided to stay in the marriage until the children were grown. By that time he was serving in Vietnam. How could she divorce him then? That is when she developed her disease. By the time he returned safely, she was so handicapped that she believed she didn't have the physical capacity to divorce. "I kept saying to myself, 'if it weren't for this S.O.B., I wouldn't have this disease.'" Through Caroline's intervention, she realized that it wasn't her husband that created her disease. It was her attitude towards him that was the problem. Hortense is another example. This forty-eight year-old woman felt she had very little in her life. Unloved and uncared for, Hortense felt fated to loneliness. She developed breast cancer. Later, metastasis to the liver was discovered.

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